



# The Courier

Worshipping God, Learning Compassion, Building Community.

Volume 17, No. 2

February, 2008

## From The Desk of The Dean

Lent comes early this year, beginning on Ash Wednesday, February 6th. To my soul and internal calendar it feels way to early to begin Lent, and of course, Easter seems early too, coming on March 23<sup>rd</sup>. What we have here is a kind of clash of the two forms of Feast Days on the calendar, the solar form and the lunar form. Our usual calendar is based on the sun, and is still sometimes referred to as the Gregorian Calendar, named for the Pope who made it official. It is easy for us to keep track of things in that calendar because they are based on the days, weekdays and months of the year. Easter is based on a solar calendar but still with reference to the sun. Easter always comes on the Sunday following the first full moon which occurs after the spring equinox. Because the **moon's rotation around the Earth is on a different cycle than the Earth's rotation around the sun** Easter moves all over the place. It could hardly be any earlier than it is this year.



It is somewhat amazing to me that we let our lives be so dominated by the calendars. After all, why do we need to wait for Christmas to give gifts, decorate our homes, have parties and communicate with old friends through greeting cards? But most of us do make a special effort to do all of these things at once during Christmas.

Lent calls us to other behaviors and actions. Originally, Lent was the final stretch of a three year long catechumenate for those who had been preparing for Baptism at Easter. It is still for all of us a time to consider our baptismal vows and examine our lives in relationship to them. Lent really **exists to help us celebrate our Easter, not just Jesus' resurrection but our resurrection in Christ day by day, week by week, month by month and year by year.** While some of the language of Lent may seem hard, its purpose is really to help us be renewed by repentance and new life in the power of the Holy Spirit. **Lent's purpose is to help us experience resurrection at Easter.**

Every Lent I take on some special disciplines and I give up some things. Every Lent I fail to keep Lent perfectly. Part of the Good News, an especially good part that is hard for us to realize, is that our salvation is not up to us. It is up to God.

So, like it or not, it is time to begin Lent. And like or not, on Easter you and I will remember that we are already risen with Christ.

Yours in Christ,

The Very Reverend G. Thomas Luck



# The Bulletin Board

## Cathedral News

### Birthdays in February

|                    |       |
|--------------------|-------|
| Kerri Aitken       | 02/07 |
| Elizabeth Boniti   | 02/07 |
| Edith Russell      | 02/07 |
| Marion Greenhalgh  | 02/09 |
| Loretta Boniti     | 02/10 |
| Harold Brown Jr.   | 02/10 |
| Lucie Handler      | 02/10 |
| Andrew Breyer      | 02/12 |
| Linda Matthews     | 02/12 |
| Ellen Grapensteter | 02/13 |
| Karen Doerschuk    | 02/14 |
| Tyler Aitken       | 02/15 |
| Parker Sharron     | 02/15 |
| Aaron Nettle       | 02/19 |
| Ethan Vorchheimer  | 02/19 |
| Evelyn Armstrong   | 02/22 |
| Richard Handler    | 02/24 |
| Steven Seigart     | 02/25 |
| Bette Tumbidge     | 02/26 |
| Haley Pestle       | 02/28 |

## Ash Wednesday

7:30 a.m. Imposition of Ashes and Holy Eucharist

12:10 p.m. Imposition of Ashes and Holy Eucharist

6:00 p.m. Meatless Pot Luck Dinner  
(everyone coming to dinner is asked to bring a meatless dish of their choice.)

7:00 p.m. Imposition of Ashes and Holy Eucharist with Youth Choir directed by Kerri Aitken.



St. Paul's is offering a  
Wednesday Evening Lenten Study  
with a covered dish dinner.

If you are interested in attending  
and wish to have a

**Children's program available**  
please Contact:

Jeanne Avery at 468-4253 or [averyjeha@yahoo.com](mailto:averyjeha@yahoo.com)  
as soon as possible.

Movie Night:

Each month

the MDG committee is offering a  
movie at the Cathedral  
for a donation of \$5.00.

Babysitting is available by  
Jeanne Avery, 2\$/child  
to cover the snacks  
and supplies.

Please check the  
movie schedule  
for more information.

Children & Family News

by Jeanne Avery

## Winter Break Activities for all ages:

### "Taste the Bread"

Wed. February 20 9:30am- 1:00pm

This is a round robin of activities for children ages 2-9 years of age focusing on the "whys" of communion. Pre-school children need to be accompanied by a parent. The youth, older than nine, will be serving as a group leaders while the parent participates in each round robin with their children. The activities include baking bread, communion stoll, altar frontal, working with clay and much more. The morning will conclude with a very special communion service followed by pizza for lunch.

Please pre-register by calling Jeanne at 468-4253 or  
email: Averyjeha@yahoo.com

### Mission Camp

Thursday, February 21 9:30-1:00pm

All ages: Yes, you may bring your friends Preschoolers must be accompanied by an adult.  
"How to use your hands, your feet, your heart for God." Turning our love to action!

Baking cookies, preparing suncatchers for the May-Day Baskets for Van Duyn and much more---  
winter picnic in the dining room for lunch

Please pre-register by calling Jeanne at 468-4253 or email Jeanne at  
Averyjeha@yahoo.com

If any adults have time available and would like to join us- we need you,  
please call Jeanne Avery

## Diocesan Youth News

by Jeanne Avery

All children are asked to donate oatmeal to the new breakfast program at the Samaritan Center.

### Upcoming Diocesan Youth Events:

The following events are designed for our young people to meet other Episcopalians in their peer group. Rachael Thomas, serves as a youth advisor to the diocesan youth board--ask her questions- she is ready and willing to share her information!

Feb.3 2pm-4pm 4-8th grade

pre-super bowl party at St. Luke's, Camillus - fun, games and food (see Jeanne)

April 26th- All children and Youth who like to sing and can read 9:30-3:30 at St. Paul's Cathedral- sign-up with Kerri Aitken

May 9 Bishop's Ball St. Paul's Cathedral 6th grade and up- see Jeanne for more information

Happening- youth in grades 10-12 April 11-13

White Eagle Conference Center

Scholarship assistance available

(see Rachael Thomas or Jeanne for more information)



New Beginnings- youth in grades 6-9th March 28-30

White Eagle Conference Center

Scholarships available

(see Rachael Thomas or Jeanne for more information)

EYE (Episcopal Youth Event) for youth finishing grades

9-12: July 8-13 San Antonio, Texas

Scholarships available (see Rachael Thomas or Jeanne for more information)



# Outreach News

By Jeanne Avery

## Day Camp Reunion

While our college counselors were home on semester break we gathered everyone together for a reunion and gave Canon Don Carlson the "privilege" of putting on the fun program. The bus was scheduled to pick up the campers at the Center for New Americans--42 campers were waiting outside- the bus was waiting for us at St. Paul's!!

All the adults and counselors were waiting at St. Matthews where we were graciously welcomed and had a afternoon of games, laughter and food. Canon Don had scheduled a fun and fellowship afternoon for the children of the diocese we were delighted to be able to join in the program.



## Tutoring has resumed:

We, Ginger Merrill, Elizabeth Balderamma, Linda Matthews and myself, are "tutoring" at the Center for New Americans on Mondays. The children are Somolians and have been in this country for 4 months. We have discovered that the children are mainstreamed into the regular classes, receiving ESL everyday but are required to complete all the work of all the subjects. This is a huge challenge since they can not speak, read, or write English and in some cases can not do that in their own language. Join us if you can, we need you. If not, please pray for us and pray for the children. Education is the only way out of poverty and they are so far behind.



Regular Sunday Schedule: 8:00 am Meditative Holy Communion  
 9:30 am The Discovery Mass  
 10:00 am Cathedral Choir Practice  
 10:15 am Christian Formation  
 10:45 am Youth Choir rehearsal  
 11:00 am Traditional Choral Mass  
 12:30 am Morning Prayer in Dinka

# February

Sun

Mon

Tue

Wed

|                |   |  |   |
|----------------|---|--|---|
|                |   |  |   |
| 3 4pm Evensong | 4   | 5 5:00 B&G<br>5-7pm Finance<br>Committee | 6 <u>ASH WEDNESDAY</u><br>7:30 am service<br>12:10 pm service<br>6pm pot luck dinner<br>7pm service<br>(ashes + holy communion) |
| 10 LENT 1      | 11 5:15 worship<br>committee                      | 12 5:15-7:15<br>Vestry                   | 13 Feminist<br>Theology<br>at the Sandersons  |
| 17 LENT 2      | 18 OFFICE CLOSED<br>For<br><b>President's Day</b> | 19                                       | 20 Mission Camp<br>9:30 am<br>-1:00 pm  |
| 24 LENT 3      | 25  | 26 7:30 pm<br>MDG<br>TASKFORCE           | 27  |

# 2008

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|  |  |   |    |
|--|--|---|----|
|  |  | 1 FIRST FRIDAY<br>DINNER<br>6pm social time<br>7pm dinner                                     | 2  |
| 7                                      |  | 8 FAITH AND FILM<br><b>“God Grew Tired of Us.”</b><br>7:00 pm<br><b>benefit for the MDG’s</b> | 9  |
| 14                                     |  | <b>15 Women of St. Paul’s</b><br>11:45 (bring lunch)<br>Guest: OCPL Librarian<br>Liz Williams | 16 |
| 21 Mission Camp<br>9:30 am<br>-1:00 pm |  | 22  | 23 |
| 28                                     |  | 29  | 30 |



# Evensong

Last Sunday of Epiphany

St. Paul's Cathedral

February 3, 2008 — 4:00pm

Processional Psalm 122

harmony. Sidney Nicholson

Preces & Responses

John Reading

Psalm 114 (*Tonus peregrinus*)

David Willcocks

Magnificat & Nunc dimittis (*Collegium Regale*) Herbert Howells

Anthem: Te Deum John Sanders

Organ Recital by: Abel J. Searor

(Student of Dr. Olukola Owolabi, Syracuse University)

Fantasia and Fugue in g minor, BWV 542 J. S. Bach

(1685-1750)

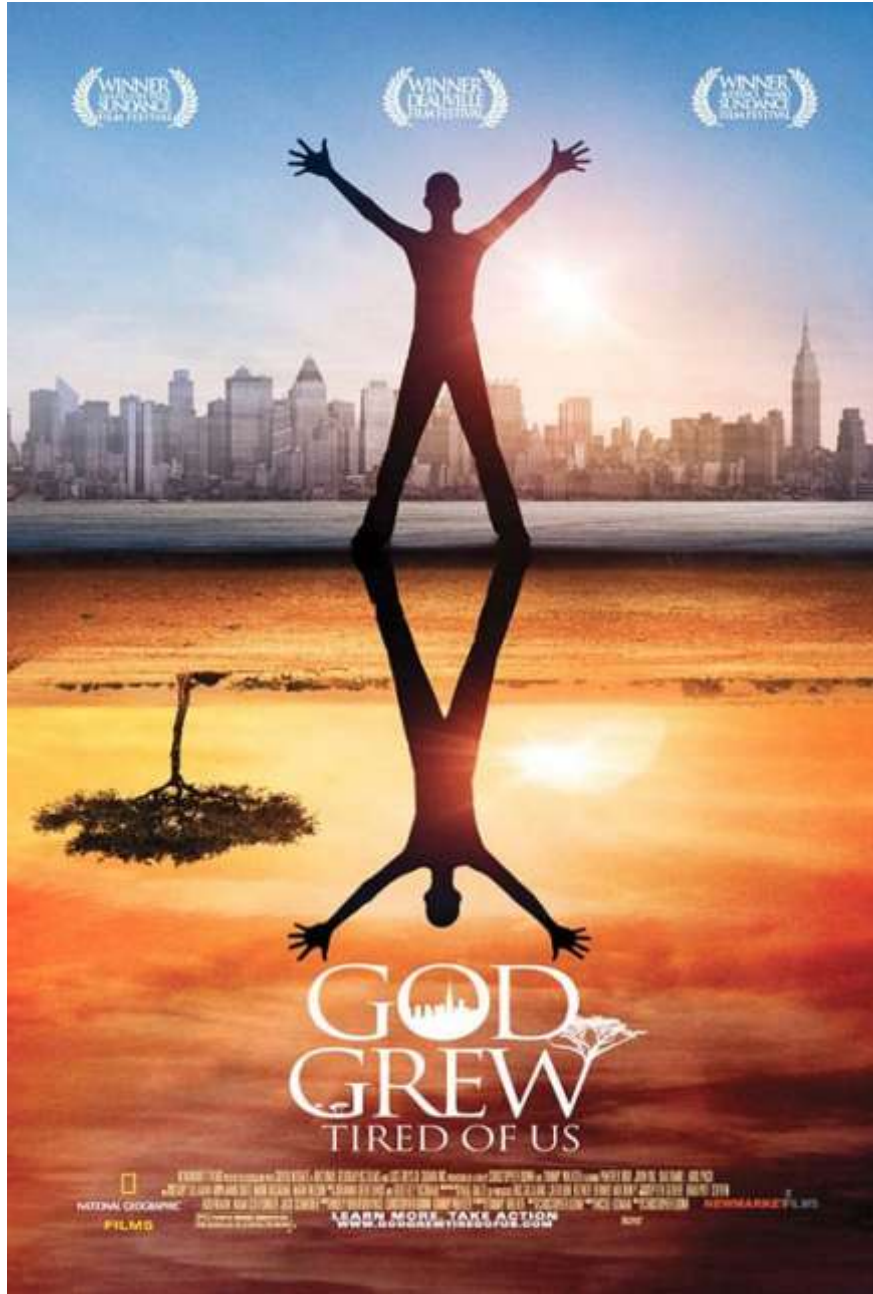
*Andante Cantabile* (Symphony IV) Charles Marie Widor

(1844-1937)

Choral-Improvisation on "O for a closer walk with God"

Leon Verrees (1893-1947)

# FAITH AND FILM MOVIE SERIES



February 8, 2008 at 7:00PM

Looking for something to do on Friday Night? Enjoy a thought provoking movie and a cup of tea or organic fair trade coffee.

ONSITE CHILDCARE provided: \$2 per child (come a little early).

\$5 donation goes to the Millenium Develoment Goals

Help End Poverty by 2015!

*The Women of Saint Paul's Presents:*  
The 13th Annual Benefit Tea  
April 19th at 1pm.



Steven Rosenfeld—Pianist  
Raffle, Food, Fun  
And of course Tea!

ALL MEMBERS OF ST. PAUL'S REGARDLESS OF GENDER  
ARE CORDIALLY INVITED.

| 2008              | 2009            | 2010            |
|-------------------|-----------------|-----------------|
| Ronald Ferguson   | Gelene Lewis    | John Doughty    |
| Rebecca Livengood | Hal Brown, III  | Walley Francis  |
| Laurie Sanderson  | James Pecoy     | Barry Pickard   |
| John Shaffer      | William Pitcher | Marilyn Sharron |

***The Vestry of St. Paul's Cathedral***

The Very Reverend G. Thomas Luck, Dean and Rector  
 Officers – Dale Johnson, Sr. Warden & Doug Mouncey, Jr. Warden

Staff

The Right Reverend Gladstone B. Adams III, Bishop of CNY  
 The Very Reverend G. Thomas Luck, Dean & Rector  
 The Reverend Canon Deacon Jane A. Luck, Canon Pastor  
 James L. Potts - Canon Musician, Jeanne Avery – Family Ministries  
 Ellen Grapensteter - Accounting Assistant,  
 Jonathan Howell – Office Coordinator  
 John Pizzi – Sexton,

Choir Section Leaders

Soprano – Nora Fleming,  
 Alto– Shannon Garvey,  
 Tenor– Jonathan Howell,  
 Bass– Eric Johnson

**St. Paul's Episcopal Cathedral, 310 Montgomery St. Syracuse, NY 13202**  
 office – 474-6053 fax – 478-1632 email: [offices@saintpaulscathedral.org](mailto:offices@saintpaulscathedral.org)  
 website: [www.saintpaulscathedral.org](http://www.saintpaulscathedral.org) (under construction)

Wednesday Evening Lenten Programs: Baptism and Confirmation Preparation/Hunger for Justice, Food for Thought

This year on the Wednesday evenings in Lent, beginning February 13<sup>th</sup>, St. Paul's will offer multiple opportunities for fellowship and learning for all. We will gather for a pot-luck supper at 6:00 p.m. followed by programs for adults and children at 7:00 p.m. with the evening coming to a close at 8:00 p.m. For those youth and adults who desire to be baptized or confirmed, as well as those who desire a refresher, Dean Tom Luck will lead Seeking and Serving Christ, classes exploring the Christian faith in the Episcopal tradition. The alternative adult program, Hunger for Justice, Food for Thought, will focus on local and global issues of poverty and injustice. Our schedule:  
February 13<sup>th</sup>-The Center for New Americans, caring for recent immigrants in Syracuse  
February 20<sup>th</sup>-John Doughty and his experiences in Iraq with the group Voices in the Wilderness  
February 27<sup>th</sup>-Jennifer Glancy and the current situation with the Palestinians and Israel

March 5<sup>th</sup>-Mary Beth Frey, Executive Director of the Samaritan Center and Syracuse Hunger Project

March 12<sup>th</sup>-From the Sudan to Syracuse, conversations with the Sudanese  
We will also offer, if desired, a program for children led by Jeanne Avery. If you wish for your child to participate please let Jeanne know asap!



# The Saint Paul's Cathedral Courier

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