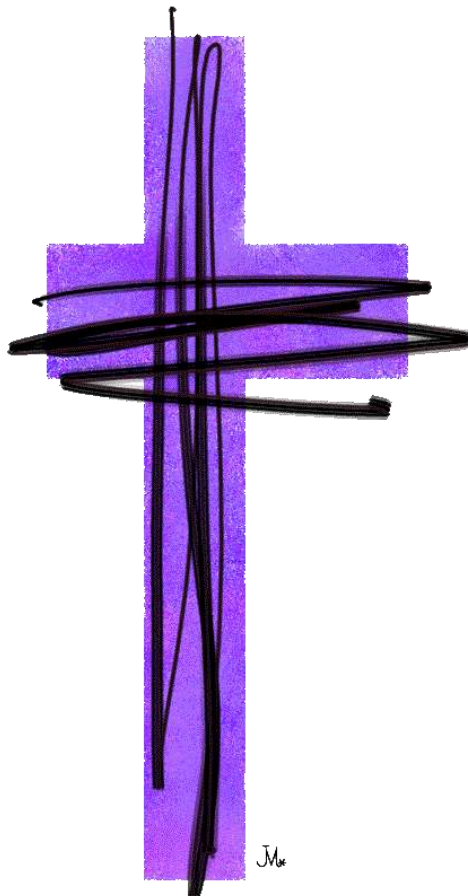




Saint Paul's EPISCOPAL CATHEDRAL

To Teach, Celebrate and Serve Christ



The Courier

Volume 19, No. 2

February 2010

Have you remembered St. Paul's Cathedral in your will?

¡Gracias! Tom!

CRISTOSAL thanks you for your gift
and for being partners with the
Anglican Church of El Salvador.



Gift \$3,200.00 Date 1/11/10
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CRISTOSAL

Our Mission:

- ⇒ Serving as a communication resource for North Americans about the church and society of El Salvador, through regular newsletters and bulletins on our Web Site;
- ⇒ Building bridges between Salvadorans and North Americans through exchange visits, work projects and educational experiences;
- ⇒ Serving as an educational and awareness source about the mission of the Salvadoran Church for interested people in North America;
- ⇒ Offering support through fund-raising efforts for identified needs and emerging projects, and being advocates in our church and beyond for Salvadoran issues and concerns.

*Thank you, Tom, for the two MDG
grants. They will make a huge difference.
Hope you can visit El Salvador in 2010 Dick*



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From The Desk of The Dean

St. Paul's, A Missionary Cathedral

When we think of the word “missionary” I suspect many of us think of people who travelled to foreign lands to spread the Gospel, sometimes with great love and effectiveness, and sometimes with force and abuse. When Bishop Augustine and his missionaries went to southern England from Rome he established his seat at what became Canterbury Cathedral. Cathedrals have their origin in being missionary outposts to the particular community where they are located.

While St. Paul's Cathedral has been involved in “missionary work” supporting the work of Christian missions in foreign lands for a long time, we also should critically look at intentionally serving as missionaries to the community where we are located. The missionary activity of our time and place has some similarities and some important differences to missionary activities of other times and places.

One of the things we have in common with missionaries of old is that many people, perhaps most, do not actually know the story of Jesus. A few years ago I attended a high school production of Godspell in an affluent and well educated suburb. During intermission I heard a comment that struck me profoundly. The person said “Well I think it is extremely well done, but I can't follow the plot, I have no idea what it is about.” At first I thought, “How could you not know what the story is about?” But as I reflected on the first half of Godspell and sat through the second half, I realized that Godspell assumes one knows the story and can fill in the pieces that are missing. But if one doesn't know the story it makes no sense. Today many, many people in our culture do not know the story. Too often our language and our worship assume that people know the story. Successful missionaries have always found ways to make the story of Jesus relative to the culture.

But our time also has particular challenges.

“It is not only that the distinctive Christian vocabulary is remote from much contemporary culture, but also that the types of proposition and thought-form are remote also. ..There is the need to avoid such theological technicalities as are avoidable or capable of genuine paraphrase. There is the need to try to show that much about which the Christian faith speaks is happening within the experience of ordinary people, and that the Christian language focuses and interprets what is theirs already rather than assaults them with some sort of hobby or technicality from without.” —Archbishop Michael Ramsey, *Introducing the Christian Faith*, 1960.

As we enter the season of Lent on Ash Wednesday, February 17, it is well for us to reflect on how all of us at St. Paul’s can better serve God’s mission in greater Syracuse. Looking especially at the Baptismal Covenant which we will renew at Easter, how can each of us better proclaim by word and example the Good News of God in Christ? How can each of us better seek and serve Christ in all persons, loving our neighbors as ourselves? How can each of us better strive for justice and peace among all people, and respect the dignity of every human being?

Faithfully yours,

Thomas+



The Senior Warden's Report.....

by Former Senior Warden, Doug Mouncey

Daily Thoughts
... from Jean Vanier



No Perfect Leader

Good leaders are aware of both their strengths and weaknesses. They are not afraid to admit to the latter. They know how to find support and are humble enough to ask for it. There is no perfect leader who has all the gifts necessary for good leadership.

-Jean Vanier, *Community and Growth*, p. 220

As part of our Annual Meeting on January 31st, we thanked the members of the Vestry who were stepping down and elected our new lay leaders for the coming year.

I received the “No Perfect Leader” quote on January 20th and believe that it serves as a nice reminder of some of the more important characteristics of what we should be expecting of those who are willing to serve as our leaders.

I believe that the people that we have elected bring with them an amazing breadth and richness of skills and experiences ... and yet we ought not to allow ourselves to come to expect that any one of them will be “perfect”.

As a group, I believe that they will do an amazing job.

And based on my experience of this past year, I know that there are many, many people in the parish who will offer their support to develop and implement programs that will nurture our members and serve our wider community.

Personally, for me, my year as Sr. Warden was a very rich experience.

Perhaps most importantly, I believe that my spiritual life grew... I have a much deeper appreciation of the work of God in my life.

I've had the opportunity to share about the past year in my report for the Annual Meeting and so will refrain from saying much more here.

However, there is a long litany of people who deserve my thanks and that of the entire parish for the work that they have done... many of them are very obvious, many others are behind the scenes. Thank you!

In closing, I do want to express my sincere thanks to the Members of the Vestry who served with me during 2009.

Douglas Mouncey
(Former) Sr. Warden



The Junior Warden Report.....

by newly elected Senior Warden—Laurie Sanderson

As many of you know this last year in my family has been eventful. Enjoying our first grandchild's first year of life, a serious car accident, reconnection with family long ago seen or never met in the second Beishline family reunion in Pennsylvania. (How wonderful to be in a place where everybody could spell and pronounce the name Beishline!) Our son's announced engagement and the death of my mother. It was and is enough to make my head spin!

Yet at the same time, it has paralleled much of what St. Paul's has experienced in the past year in the many planned and unplanned experiences we have encountered. Some new faces, some reconnecting and the LOSS of some very dear and beloved ones, a new jazz Eucharist, a new Sunday school developing, and unexpected building issues and expectations.

Change is hard, yet it is necessary, yet it has always been a part of life. I remember when my children were babies, my mother in law would comment on so many books and gadgets, how did she ever raise her children without these things. I would feel mildly annoyed. Now if I have to go to Babies R Us, which I go out of my way to avoid, I feel overwhelmed and look for another equally bewildered grandmother to hang onto! And what do you mean you put your babies to sleep on their backs! We were told never to do so! How did they all survive? OK, Mom, I understand now. Certainly there were some things that were always the same in raising babies like rocking chairs ,right? No, in the early 20th century doctors tried to discourage rocking babies saying it disturbed their brain waves. They lost, babies are still rocked.



It has been a challenging year as we move forward in “Embracing Our Future as we Teach, Celebrate, and Serve Christ.” Keeping Christ in front as we seek to be the St Paul’s of a new time is exciting, scary, and not always easy, but it is God’s call to us and to serve his people. We continue to celebrate beautiful liturgies with our choir and with John Rhode and his friends. Church school as we knew it has disappeared but we are experiencing the growth of a new Sunday school in our Sudanese service.

We continue to try to be open to the downtown community through having open doors in special city events, participating in the Cathedral Block Association. We are experimenting with various fund raisers. Our community and worship teams are up and running and the formation team is budding. We are all realizing if we are going to be, we are going to have to do it. The new energy in and around the kitchen is bubbling! It is exciting to watch the people claim St. Paul’s in a new level of participation. The Cathedral Chapter has reorganized and is meeting monthly rather than quarterly with a wonderful group of members from the diocese as well as St. Paul’s. We are actively seeking how to be a cathedral in a changing diocese as well as a parish church.

It has been a pleasure to serve with Doug Mouncey as senior warden. Doug brought me into the L’Arche community in 1994 to serve on its board and I have always been grateful for his Christian witness as well as his leadership.



We have done a lot this year and there is much to do. Perhaps it is best ended with “For what is now, Thanks Be to God. For what has been, Thanks Be to God . For what will be, Thanks Be to God.”

Hospitality and Fellowship at St. Paul's

Betsy Elkins

I have recently agreed to coordinate hospitality and fellowship at St. Paul's within the newly formed Ministry team on Community and Fellowship. (See the full report from this Ministry Team distributed at the annual meeting which lists all members and their area of responsibility.) I am pleased to be a part of this important ministry which is critical to our life at St. Paul's. St. Paul's has a long tradition of offering fellowship and hospitality and my goal is to see that this continues and is a ministry that we all embrace as easily as possible.



As a recently retired librarian this “job” suits me well. I still feel the need to keep busy and to see that things are neat and organized (and even in alphabetical order if possible!) This includes working with others to see that our kitchen is well organized and “easy” to use. We are working to confirm where things are stored in the kitchen and are labeling shelves and drawers accordingly. We have added real recycling bins to the kitchen. (Use them!) We hope to add a bulletin board, towel racks and additional shelving to keep things off the counters. Eventually with the help of others with experience in these areas I plan to put together a simple manual or guidelines for using the kitchen and for planning events (receptions, coffee hour, etc.) Hopefully this will allow the many folks who are involved in these activities to be on the same page and feel comfortable participating.

Until recently a member of the cathedral staff provided much of the kitchen clean up for us after events; we just piled the dishes by the dishwasher and they were magically washed for us. This is no longer the case and we all need to take responsibility for cleaning up after ourselves, just as we were taught by our mothers as children. We are working to make this as easy as possible with some simple reminders around the kitchen. We also dream of a more efficient and fast dishwasher that would greatly enhance this task.

We also desire our hospitality and fellowship efforts to be as green as possible which will not only help our planet but can save money for St. Paul's as well. This will ultimately involve eliminating the use of any paper or Styrofoam products (except paper napkins) and purchasing fair trade products. Please contribute some loose change at coffee hour on Sundays so that we may purchase fair trade coffee.

Want to be a part of these hospitality efforts?

Sign up for coffee hour.

Consider helping with receptions and other events as they occur.

Let me know of your thoughts and ideas (446-8362 or eaekins@esf.edu)

Think
Green.



Jazz Mass

The first time I attended the Jazz Evensong, I was blown away. It was a deep and profound experience for me. Even though I am primarily trained as a classical violinist and have played in the Syracuse Symphony for many years, I have always liked jazz and have sought it out often over the years. But my experience at St. Paul's Jazz Evensong/Mass was a cut above. Hearing great jazz played in our beautiful sanctuary, enhanced by the church's acoustics, and interspersed with the liturgy of the Mass, somehow pushed the music into a deeply sacred realm. I clearly felt God's presence descend on me and it is a feeling that I will never forget - and will keep me coming to each and every Jazz Mass.

It is such a privilege to have such high caliber jazz musicians in our midst and to have our own John Rhode giving of his time and talents to make this happen. The offerings are fresh and diverse- each player is a soloist in their own right-in December, John and another saxophonist played some beautiful and soulful duets- you never know what combinations of players and music you will be treated to- but you can know, the result will be memorable.

We talk about embracing our future, about adding to and revitalizing our membership. Imagine coming into St. Paul's on a Thursday evening for the Jazz Mass and seeing the church full- both with our own members and many others new to Saint Paul's. Imagine everyone being transformed by God's spirit!!

Put the Jazz Mass on your calendar for February- and ask someone new to come with you!

Yours in Christ,

D.J. Igelsrud (newly elected Vestry)

Women Of Saint Paul's

Next Meeting: Friday, February 19th at 12:00 p.m.

Location: Brewster Room

Food: Brown Bag Lunch

Presentation: Our own June Bisson

Topic: "Poetry, Music and Meditation."

Women's Tea on April 17 at 1:00 p.m.

Sujeet "Suj" Desai is a remarkable young musician born with Down Syndrome. He plays several musical instruments, including the violin, piano and clarinet. After graduating with honors from High School in 2000, Suj finished his post secondary study from Berkshire Hills Music Academy in 2003. During his student years he performed over 150 times in the U.S. as well as in Malaysia, Canada, Singapore, and India (to but name a few). He received three international awards for his achievement in music which includes one from the President of Singapore. Suj expresses himself through his talent and enlightens audiences with his life story as he helps to promote the acceptance and inclusion of people with Down Syndrome. To Learn more about Sujeet: www.sujeet.com



Haiti Breakfast Fundraiser A Big Success!!

On January 24th, Carol Decker used her energy and talent as a cook to give something back. Moved by the disaster in Haiti she exclaimed, “we need to do something!” And so she did, cooking up a breakfast feast that not only provided her fellow parishioners with delicious Sunday Morning treat, but in the process raised \$1,184. Carol has provided us with the recipe as so many have requested it. Once again Carol shows us what can be done when one person decides to use his or her gifts for the Glory of God!

Overnight Cheesy Egg & Ham Bake

6 cups Cheddar cheese, shredded, divided
2 Tbls. butter
1/3 cup Scallions, chopped
1/2 red bell pepper, chopped
1/2 lb. mushrooms, sliced (Or a 4.5 oz. can mushrooms, drained)
1/2 lb. ham, cubed
8 eggs
1/2 cup flour
2 Tbls. Parsley, chopped
1 3/4 cups milk

Use a 9 x 13" pan. Spray it with cooking spray.

Preheat oven to 350. Sautee scallions, red pepper and mushrooms in the butter, until veggies are tender and mushroom juice is evaporated. In prepared pan, place 3 cups of cheese. Spread the scallion mixture it evenly over the cheese. Sprinkly on the ham. Add remaining 3 cups of cheese. Whisk eggs, add flour, parsley and milk. Blend well. Pour over everything in the pan. Cover. Refrigerate overnight. Bake Uncovered for 55-65 minutes, until knife inserted in the middle comes out clean. Let rest 10 minutes before cutting. Makes 12 generous servings.

The Cathedral Bulletin

Board



February Anniversaries

Michael & Patricia Glavin

Congratulation

Hal Brown, Jr. has been named to the Board of Directors for the S.P.C.A.

Marilyn Sharron has been honored with the Lifetime Achievement Award from the New York State Association of Social Workers.

Vestry Election Results

Senior Warden-Laurie Sanderson; Junior Warden-Julie Gedro; three year term to the Vestry-Betsy Barker, Tom Cantwell, Dick Pilgrim; two year term to the Vestry-Jeff Averill; one year term to the Vestry-D.J. Igelsrud. Many thanks to all of these people for their willingness to serve St. Paul's in this very important capacity.

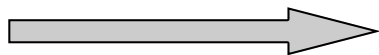
Birthdays in February

Elizabeth Boniti	02/07
Edith Russell	02/07
Marion Greenhalgh	02/09
Loretta Boniti	02/10
Harold Brown Jr.	02/10
Lucie Handler	02/10
Andrew Breyer	02/12
Linda Matthews	02/12
Karen Doerschuk	02/14
Parker Sharron	02/15
Ethan Vorchheimer	02/19
Evelyn Armstrong	02/22
Debbie Bogan	02/23
Richard Handler	02/24
Bette Tumbridge	02/26
Katrina Johnson	02/28

Happening in February

Note: for a listing of prayer schedules, check the Fall schedule on page 16

Feb 1	5:00 p.m.	Buildings & Grounds	Brewster Room
	5:30 p.m.	Vera House Alternatives	Hansen Dining Room
Feb 2	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
Feb 4	5:30 p.m.	Vera House Alternatives	Hansen Dining Room
	5:45 p.m.	Community/Fellowship Team	Brewster Room
	7:00 p.m.	Cathedral Choir Rehearsal	Chase Music Room
Feb 5	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
	6:15 p.m.	First Friday Social Hour	Hansen Dining Room
	7:00 p.m.	First Friday Dinner	Hansen Dining Room
Feb 6	9:00 a.m.	Flower/Altar Guild	Cathedral
Feb 8	5:30 p.m.	Vera House Alternatives	Hansen Dining Room
Feb 9	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
	7:00 p.m.	Vestry	Brewster Room
Feb 10	6:00 p.m.	Feminist Theology	Brewster Room
Feb 11	5:30 p.m.	Vera House Alternatives	Hansen Dining Room
	7:00 p.m.	Cathedral Choir Rehearsal	Chase Music Room
Feb 12	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
Feb 13	9:00 a.m.	Flower/Altar Guild	Cathedral
	TBA a.m.	Deaf Baptism	Chapel
Feb 14	4:00 p.m.	Evensong & Organ Recital	Cathedral
Feb 15	5:30 p.m.	Vera House Alternatives	Hansen Dining Room
Feb 16	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
	11:00 a.m.	Episcopal Fund Human Need	Brewster Room
	1:00 p.m.	Diocesan Board Meeting	Brewster Room
Feb 17	7:00 a.m.	Ash Wednesday Service	Cathedral
	Following	A light breakfast	Brewster Room
	12:10 p.m.	Ash Wednesday Service	Cathedral
	5:30 p.m.	Ash Wednesday Service	Cathedral



Feb 18	***	<i>Morning Prayer moves to 7am from this day forward.</i>	
	5:30 p.m.	Vera House Alternatives	Hansen Dining Room
	7:00 p.m.	Cathedral Choir Rehearsal	Chase Music Room
	8:00 p.m.	JAZZ MASS	Cathedral
Feb 19	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
	12:00 p.m.	Women of St. Paul's	Brewster Room
Feb 20	9:00 a.m.	Flower/Altar Guild	Cathedral
Feb 22	5:30 p.m.	Vera House Alternatives	Hansen Dining Rom
Feb 23	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
	12:00 p.m.	Samaritan Center Board	Hansen Dining Room
Feb 24	Day	Dean @ Consortium of Endowed Episcopal Parishes	Austin, TX
	12:00 p.m.	Good Samaritan Award Cmte.	Brewster Room
Feb 25	5:30 p.m.	Vera House Alternatives	Hansen Dining Room
	7:00 p.m.	Cathedral Choir Rehearsal	Chase Music Room
Feb 26	7:30 a.m.	Narcotics Anonymous	Hansen Dining Room
Feb 27	9:00 a.m.	Flower/Altar Guild	Cathedral
	Day	Dean Returns	Syracuse

VESTRY NOTES FOR THE COURIER

Highlights from the Vestry Meeting, Tuesday, January 12, 2010.

John Doughty's Resignation: A Motion was put forward to accept the resignation of John Doughty as from December 2009, for personal reasons.

Budget & Finance Committee: The most recent Income and Expense report was discussed. The end-of-year figures are better than expected.

Building and Grounds: Bill Pitcher said that the committee is presently concentrating on:

- A better recording and sound quality in the Cathedral. Estimates are being looked at.
- Work to improve the lighting, with the help of John Pizzi, Security in the building. This has to be rescheduled because there is no longer a resident sexton on the premises since Jonathan Howell resigned from that position.

Nominating Committee: The slate for the forthcoming Annual Meeting was presented:

Senior Warden: Laurie Sanderson: ***Junior Warden:*** Julie Gedro
For Vestry: Jeff Averill, Betsy Barker, Tom Cantwell, DJ Igelsrud and Dick Pilgrim.

The Annual Meeting: Details of this meeting, to be held on Sunday, January 31, were planned.

Reports from the following committees were presented: ***Worship Committee, Formation Committee and Community Committee.*** These will be covered in the Annual Report.

Women of St. Paul's: Gelene Lewis, President of the WoSP, reported that the group has eight new members.

The next Vestry Meeting will be held on Tuesday, February 9, at 7PM.

*Respectfully submitted by Wendy Hoblyn Jones
Clerk to the Vestry*

Saint Paul's Schedule

The Sunday Schedule

8:00 a.m. Meditation Mass (Cathedral)

9:00 a.m. Christian Formation for Adults

Lectio Divina – Prayer and Meditation covering
Sunday Lessons (Dean's office)

9:15 a.m. Cathedral Choir Practice

(Chase Music Room)

10:00 a.m. Choral Mass (Cathedral)

11:45- 12:20 p.m. Christian Formation for

**Children *Kids Own Worship* – A worship and
educational experience for children of all ages,
led by Dean Luck (2nd Floor)**

12:30 p.m. Sudanese Mass

Monday-Friday

7:30 a.m. Morning Prayer (Chapel)

12:10 Noonday Prayer (Chapel) (accept Thursday)

5:30 p.m. Evening Prayer (Chapel) (accept Friday)

Thursdays

11:00 Lectionary Study (Dean's Office)

12:10 p.m. Healing Service (Hadley Chapel)

8:00 p.m. Jazz Mass (Cathedral—3rd Thursday of the month)

(note: starting February 18th Morning Prayer
will begin at 7:00 a.m.)

David Morgan & Betsy Elkins
Moroccan Delights

Adults \$10
Children \$5

First Friday Dinner
February 5

Chicken-Butternut Tagine

Couscous with Almonds & Raisins

Baked Mediterranean Vegetables

Spinach Salad with Fruit ala Rabat

Berber Lemon Pound Cake
with Pomegranate Sauce

6:15 Social Hour

7:00 Dinner is Served

B.V.O Beverage & Place Setting

Cathedral Choir & Organ
Evensong for the
Sunday before Lent
& Organ Recital

Sunday
February 14th
4:00 p.m.



John Rohde & Friends
Jazz Mass

Thursday
February 18th
8:00 p.m.



Ministers

All Baptized People

The Vestry of St. Paul's Cathedral

2010	2011	2012
Wally Francis	Jeffrey Averill	Betsy Barker
D.J. Igelsrud	David Morgan	Tom Cantwell
Marilyn Sharron	John Shaffer	Dick Pilgrim

The Very Reverend G. Thomas Luck, Dean and Rector

Officers – Laurie Sandson, Sr. Warden

Julie Gedro, Jr. Warden

Staff

The Right Reverend Gladstone B. Adams III, Bishop of CNY

The Very Reverend G. Thomas Luck, Dean & Rector

Office Hours: Mon-Thurs. 7:30 a.m.-6:00 p.m.

The Reverend Canon Deacon Jane A. Luck, Canon Pastor

James L. Potts - Canon Musician

John Rohde—Canon Jazz Musician

Ellen Grapensteter - Accounting Assistant

Office Hours: Mon. 8:30 a.m.—4:30 p.m.,

Tuesday 10:00 a.m.—6:00 p.m., Wednesday 8:30 a.m.—12:30 p.m.

Jonathan Howell – Office Coordinator

Office Hours: Tues-Wed 10:30-5 p.m.

Thursday 11:30-6:00 p.m.

John Pizzi – Building Manager

Office Hours: Mon-Friday 7:00 a.m.—2:30 p.m.

(St. Paul's Office is closed on Fridays)

Office Volunteers

Beverly Bolton, Wendy Jones, Mary Hastings

Bob Tyldesley, Sue Hofmann, Ginger Merrill,

Ruth Brown, Patrick Dorr, Debbie Bogan

A Winter's Tale

*By Beverly Bolton—Honorary Staff Member
and Assistant for Everything*

On January 3, 2010, a dark and stormy Sunday, few people dared to risk the treacherous driving and opted instead to stay at home, warm in their beds. I had arrived early to church with my friend Nancy Schimmell. We both wondered if anyone else was going to show up for the 10:00 service. As the service began I looked around at the others who had braved the ice and snow. A small crowd for sure. As the processional started and I heard the Organ, I knew Jim Potts had made it in. Then came the Cathedral Choir down the aisle. From far and wide they drove to downtown Syracuse to provide us with their beautiful music. They turned a stormy Sunday morning into a sunny day.

Thanks again to all of you, not just for that particular “stormy day”, but for what you give to us every Sunday, even the stormy ones.



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