



Saint Paul's EPISCOPAL CATHEDRAL

⟨To Teach, Celebrate & Serve Christ⟩



August 30, 2009

Morning Prayer

8:00 a.m. & 10:00 a.m.

Please turn off cell phones and pagers.

Welcome to this Liturgy

Thirteenth Sunday after Pentecost
8:00 a.m. & 10:00 a.m.

August 30, 2009
Morning Prayer

Prelude

The Word of God

(please stand if you are able)

Hymn 372, "Praise to the living God"

Leoni

Officiant

You are no longer strangers and sojourners, but citizens together with the saints and members of the household of God. *Ephesians 2:19*

The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Officiant and People together, all kneeling

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Officiant remains kneeling and says

Almighty God have mercy on us, forgive us all our sins through the grace of Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

The Invitatory and Psalter (*All stand*)

Officiant: O God, let our mouth proclaim your praise.

People: And your glory all the day long.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

The following Antiphon is said with the Invitatory Psalm
God is the Rock of our salvation: O come let us worship.

Jubilate Psalm 100

**Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.
Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.
Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.
For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.**

**I will listen to what the Lord God is saying,*
For he is speaking peace to his faithful people
And to those who turn their hearts to him.**

**Truly, his salvation is very near to those who fear him,*
That his glory may dwell in our land.**

**Mercy and truth have met together;*
Righteousness and peace have kissed each other.**

**Truth shall spring up from the earth,*
And righteousness shall look down from heaven.**

**The Lord will indeed grant prosperity,*
And our land will yield its increase.**

**Righteousness shall go before him,*
And peace shall be a pathway for his feet.**

At the end of the Psalms is sung or said

**Glory to the Father, and to the Son, and to the Holy
Spirit: as it was in the beginning, is now, and will be for
ever. Amen.**

(please be seated)



The Lessons

Deuteronomy 4:1-2, 6-9

Lector: A reading from the Book of Deuteronomy.

Moses said: So now, Israel, give heed to the statutes and ordinances that I am teaching you to observe, so that you may live to enter and occupy the land that the LORD, the God of your ancestors, is giving you. You must neither add anything to what I command you nor take away anything from it, but keep the commandments of the LORD your God with which I am charging you.

You must observe them diligently, for this will show your wisdom and discernment to the peoples, who, when they hear all these statutes, will say, "Surely this great nation is a wise and discerning people!" For what other great nation has a god so near to it as the LORD our God is whenever we call to him? And what other great nation has statutes and ordinances as just as this entire law that I am setting before you today?

But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children.

Lector: The Word of the Lord.

People: Thanks be to God.

(you may remain seated)

Hymn 414, "God my king thy might confessing" 3verses
Stuttgart

James 1:17-27

Lector: A reading from the Book of James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Lector: The Word of the Lord.

People: Thanks be to God.

(please stand if you are able)

Hymn 423, “Immortal, Invisible, God only wise” St. Denio

Reader: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: Glory to You Lord Christ.

Mark 7:1-8, 14-15, 21-23

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition."

Then he called the crowd again and said to them, "Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

Lector: The Gospel of the Lord.

People: Praise to you, Lord Christ.

(please be seated)

The Homily

David Morgan, John Doughty

The Apostles' Creed

Officiant and People together, all standing

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers

The people stand or kneel

Officiant: The Lord be with you.

People: And also with you.

Officiant : Let us pray.

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Then follows these Suffrages

V. Show us your mercy, O Lord;

R. And grant us your salvation.

V. Clothe your ministers with righteousness;

R. Let your people sing with joy.

V. Give peace, O Lord, in all the world;

R. For only in you can we live in safety.

V. Lord, keep this nation under your care;

R. And guide us in the way of justice and truth.

V. Let your way be known upon earth;

R. Your saving health among all nations.

V. Let not the needy, O Lord, be forgotten;

R. Nor the hope of the poor be taken away.

V. Create in us clean hearts, O God;

R. And sustain us with your Holy Spirit.

The Collect of the Day

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. Amen.

Officiant continues.

In the Anglican Cycle of Prayer we pray for the church of Korea. In our Diocese we pray for all students and teachers as they begin a new school year. In our Cathedral Square Cycle of Prayer we pray for the Media Unit. And in our Cathedral Cycle of Prayer we pray for the Cooper, Cordary, Costello, and Coursen families. We pray for the ill and for those who have died.

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. Amen.

The Peace

Officiant – Let us now offer each other a sign of God’s Peace.

Offertory Hymn 436, “Lift up your heads”

Truro

The General Thanksgiving, Officiant and People

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

Then the Officiant says

Let us bless the Lord.

Thanks be to God.

Processional Hymn

Hymn 679, “Surely it is God who saves me”

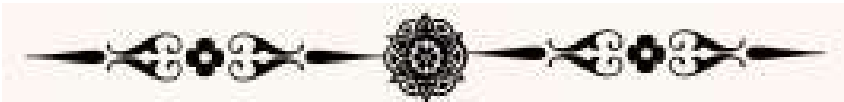
Thomas Merton

The Officiant concludes with the following

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

Ephesians 3:20, 21

Postlude



The Flowers on the Altar are given to the Glory of God
And in loving memory of :
Roy Broadwell by his wife Evelyn & family.
Nathaniel & Clara Abbott by their daughter, Betsy Elkins.

In Our Prayers

Sandy Abraham, David G., Susan Schueler, Robin, Dana, Don, Gloria, Joanna, Edith, Vivian Morgan, Ethel Thomas, Gordon C. Gladden, Tom Hum, Lydia, Marcie, Bill Alston, Valerie Alston, Mark, Arthur McKenna, Wayne Suriner, Sue Suriner, LoreLee Wilson, Karenann McConnell, Ruth Unger, Barbara Ulrichs, Ina Mae Dougherty, Mary Jo, Bob & Janice Trendell, Anne & Bill Belknap, Etienne and Guasha, Alethia, Donna De Cartel, Harry Yeiser, Jr., Craig, Lucena, Eric Armstrong, Billy Konrad, John Snead, Evelyn Armstrong, Richard Davis, George Hooker, Edith Ferguson, Elizabeth H., Joey Bernardo, Cynthia Bell, Kim-Megan-Eric, Gladys Cooper, Barbara Beishline, Vito Corbo, Virginia Rhode, George Luck, Sophia, Cynthia Coursen, Jim, Diane Page, Irene Apps, Judy Thomas, Chris Dranchek, Liz Diefendorf, Doris Lanius, Peg Belden, Diego, Rob McConnell, Eric Yager, Dr. P.H., Nancy Truesdail, Nardy Harland, Shelly Reed, Rahel Reger, George Stafford, Stephanie Bower, Brian O'Hara, Rachel Vandercomp, Dawn, The Bahling families – Craig, Kim, Brittany, Scott, Cheri, Alexa, Anne Davis, Frank Romano, Mark Birch, Letty Murray, Carol Hays, Karen & James Linderman,

Birthdays This Week

Walter Rogers, Rachael Thomas, Sandra Wiley,

Anniversaries this Week

Kathy Hum & Peter Scott Earl

Saint Paul's Pages, August 30

Welcome – to all who are worshipping here at St. Paul's for the first time. Please sign our Newcomers Book in the Narthex (back of church) and join us for coffee and conversation following the liturgy.

40 Pillows Made and more to go! Many thanks to all who donated stuffing and material for the pillow making project at Van Duyn. The residents love the bright, pretty pillows to decorate their rooms with. In fact, it is so popular, that we need more stuffing and material! Please leave any donations for Canon Jane in the office and she will be sure to get them to Van Duyn. Thank you so much!

Lay Schedule sign-up for Summer/Fall – Please: Sign up sheets are in the Sargent Foyer for the rest of the year. Thank you to Margaret Sherwin for putting down your availability.

Alcoholics Anon. Information - an A.A. Big Book and A.A's 12 & 12 have been donated to the Cathedral and are available in the library in the Brewster Room. There is also literature available near the Montgomery & Fayette entrances.

First Friday – will be on the second Friday of the month, September 11th. The Menu will be Chicken with Sausage and Peppers, Zucchini & Eggplant Sautee, Rice Pilaf, Green Salad, and Key Lime Pie. Mmmmmmmmm! The sign up sheet is in the back of the church, or call the office. \$10 adults, \$5 kids, under 12 free. Proceeds go to support organizations that help to bring about the Millennium Development Goals stated missions of ending the scourge of global poverty, providing drinking water, access to education especially for girls, and women's health issues to name a few.

August 30, Morning Prayer

Flower Guild Jeanne Greenhalgh, Valarie Alston, Peg
Belden, Rosamond Stevenson

Hospitality

8:00 am

Usher/Greeter

Reader

10:00 am

Usher/Greeter

Readers Barry Pickard, Steve Pekich

MC

September 6, Holy Communion

Altar Prep/Clean

Flower Guild Sandy Wiley, Carol Decker

Hospitality

8:00 am

Usher/Greeter

Readers

Chalice

10:00 am

Verger

MC

Ushers/Greeters

Acolytes

Readers

Prayers

Chalice

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